

RAPSody

A special edition of the Seattle Bicycle Club



Ride Around Puget Sound August 23 & 24

RAPSody is known for its good food and scenery



New for 2008, the ride will take you on the wide path across the new Tacoma Narrows Bridge (no ferries to wait for), pass through Gig Harbor, Pt Orchard, Olympia and Steilacoom, giving you scenic water and mountain views. Enjoy the quiet, scenic backroads of five Washington counties while supporting statewide bi-

cycle advocacy and education through our friends at the Bicycle Alliance. [RAPSody](#) starts and ends at the Tacoma Community College and the half-way and overnight stop is Shelton. The route is 160 miles of rolling hills, with some challenging sections. There is also a one-day option to ride the entire course on Saturday.

Your registration includes a pair of souvenir socks, luggage transport, camping, showers, mechanical and sag support, great food stops and the best volunteers. Plus, there will be live music in Shelton on Saturday and ice cream at the finish line. All proceeds are donated to the [Bicycle Alliance](#).



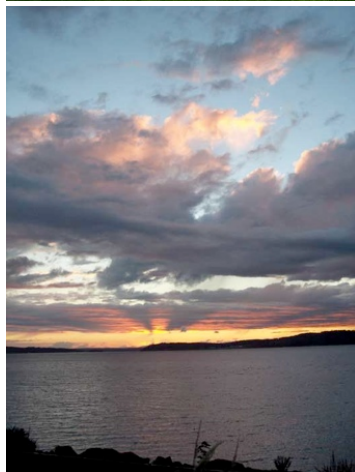
RAPSody is brought to you by the following five Puget Sound area bike clubs: Seattle Bicycle Club, West Sound Cycling, B.I.K.E.S. of Everett, the Tacoma Wheelmen and Capitol Bicycle Club.

Comments from 2007 RAPSody riders:

"Over the last 9 years I have ridden dozens of rides & this one takes top honors! Thanks again for sharing the northwest's best kept cycling secret & putting on such a great ride."



"The 1st food stop was AWESOME. I've done quite a few rides this year but this was the best food I've had."



"Every time I stopped for anything (never had a problem), someone was checking to see if I was ok. Now that is impressive ride support."



Go here to register:
www.rapsodybikeride.com

SBC's rest stop will be next to a golf course at Van's Burgers, 7725 Yelm Hwy SE, Yelm. It's a superb site with picnic tables on a grassy area, and plenty of shade trees. Pedal Dynamics will be providing mechanical support on Sunday.

Volunteers are still needed...contact Bob at bobnyberg@msn.com or 206-795-1363.

This is a good opportunity to get a non-riding partner or friend involved with the club!

Day one, Saturday August 23, the rest stop will open 1:00 pm to 7:00 pm.

Day two, Sunday Aug 24, is scheduled from 9:00 am to 2:00 pm or until the last rider comes through.

Register today!

Registration Details

Postmarked by July 20.....\$80
Postmarked after July 20...\$90
BAW Member Discount..(\$10)
Join BAW for discount.....\$25
Registration Closes August 17

There is no day-of-ride registration so don't miss out on a great ride- register today at:

www.rapsodybikeride.com



YUM!